

POPSUGAR › Fitness › Fitness Gear › Best Health and Fitness Gear | September 2016

Gear Up For Fall With September's Hottest Fitness and Health Products

September 5, 2016 by MICHELE FOLEY

109 Shares



Daiya Dairy-Free New York Cheezecake

"I'm just going to come out and say it: I eat dairy (please don't shun me). I've always eaten it and never had a problem with it; I also grew up eating and loving traditional New York cheesecake, since my mom used to make it all the time when I was a kid. When I got the chance to try the [Daiya Dairy-Free New York Cheezecake](#) (\$10), I was skeptical but immediately surprised and truly delighted at how delicious it was. With a coconut cream base and gluten-free crust, it's an unbelievably decadent, healthy dessert with no baking required. Dairy-lovers and vegans alike will dig this." – DA



9/5/2016

http://www.popsugar.com/fitness/Best-Health-Fitness-Gear-September-2016-42298519?stream_view=1#photo-42308658