

## The Vegan Foods That Satisfied Our Cheese and Ice Cream Cravings



Here's how I know I am certifiably insane. Despite being in a near constant state of craving mac 'n' cheese and turning to well-curated cheese plates as a legitimate form of therapy, I have chosen to go vegan for 40 days (and 40 nights). Wipe that better-you-than-me look off your face and allow me to explain. It's Lent, otherwise known as the pre-Easter season of sacrifice in the Roman Catholic faith and, as someone with a particularly difficult digestive system, I thought what better way to wave a white flag at my increasingly irritated intestines (lactose is both my enemy and savior) than to give them a freaking break. Call it a conniption, but here I am.

Veganism, itself, isn't so challenging. There are actually legions of brands and restaurants churning out food products suitable for the entirely plant-based population. And, it turns out, a lot of them have the same cravings as me because there exists an entire world of vegan foods aimed directly at people who need to ingest the flavor of dairy (at the absolutely least) every single day. It's just a matter of finding which ones taste more like cheese and less like cheeze ... if you know what I mean.

In the spirit of insanity, I've done the taste-testing for you and gone ahead and rounded up the best vegan products that will have you saying more cheeze please.

*Note: I'm also gluten-free normally (I know, I know) so all of the products below are wheat-free, as well!*



## 2. DAIYA CHEEZECAKE

There's been a massive uptick in brands churning out non-dairy versions of their most popular ice creams, but sometimes (all the time) you just want some cheesecake. Daiya fills that decadent hole with its line of cheesecakes. Each one is solid, but soft like normal cheesecake—and equally indulgent as it, too. Drizzle peanut butter on a slice of the chocolate and fruit pie filling on the plain for an added touch of class. Find all the flavors [here](#).



## 5. DAIYA PIZZA

Pizza, like death and taxes, is simply a necessity. It's not something I was willing to give up when I went gluten free and it's not something I'm willing to give up during my time as a vegan. Fortunately, Daiya knocks it out of the park with seven ... SEVEN ... delicious pizza substitutes, none of which are soggy nor cardboard-y. Pro tip: Buy or make extra marinara dipping sauce and it's like you never had to forfeit Domino's. Find it [here](#).



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<http://www.instyle.com/lifestyle/food-drink/best-vegan-foods-dairy-substitutes-ratings#2746343>